Activities Programme 2026/27

# Supporting Older People

## Activities Brochure
## OCTOBER - MARCH

Supporting older people

# Outings

**8th October**
Skipton Canal
£22 (for a full boat)

**15th October**
Craghouse Farm
Lunch and Shopping
£12

**19th November**
Shopping Trip to
Boundary Mill
£12

**3rd December**
Christmas at
Nostell Priory
£18, including entry

**25th February**
Astoria Barnsley

**25th March**
Helmsley

Prices vary depending on the outing/ticket price, etc

# Tea & Talk

Tea & Talk is held on the second Tuesday of each month at 2 pm at the Crown Hotel, Harrogate, unless otherwise stated.

The cost is £11 to include the entertainment, afternoon tea and a raffle ticket. (£4 for transport if applicable)

13th October - Spa Town Ukes

10th November - Rod the Magician

8th December - T & T Christmas Party

9th February - Sophie Marie

9th March - Quiz and Chat

# Roast & Rendezvous

30th September

Meeting at Harcourt Garden Care Home for a delicious roast lunch at 12:30pm. Numbers are limited to first come first on the list!

This will be held on the last Wednesday of each month.

# Dining Out Club

We meet twice a month at 12 noon (once in Harrogate and once in Knaresborough) in local independent restaurants.

## Harrogate

**5th October**
Rudys Pizza

**2nd November**
Buon Gusto

**7th December**
West Park
Christmas Meal

**1st February**
Rubins

**1st March**
Fisherman's Wife

## Knaresborough

**1st October**
Six Poor Folk

**5th November**
Carriages

**3rd December**
Harrogate Golf Club
Christmas Meal

**4th February**
Drakes

**4th March**
Mother Shipton's

# Music & Movement

This is a friendly group who meet at the Green Hut in Harrogate, every Tuesday at 10 am for an hour of extend seated exercise followed by tea, coffee and chat.
The cost is £6 per session.

# Harlow Friendship Group

This group also meet at the Green Hut, every Wednesday afternoon at 2:30. Come along to meet new friends, have a cup of tea, and enjoy the entertainment.

The cost is £5 per person/£8 per couple
(this is reduced if paid in advance)

# Movie Morning

The movie morning is held on the 3rd Tuesday of the month at 10am, showing a selection of films from different genres, with tea, coffee and delicious homemade cake.

The group is held  at Harcourt Gardens on the following dates:

20th October - Shawshank Redemption
17th November - Somethings Gotta Give
15th December - White Christmas
19th January - Calendar Girls
16th February - South Pacific
16th March - Barbie

# Chrismas Party

We're delighted to invite you to our annual Christmas party on Thursday, 17th December 2026, at Hotel du Vin, Harrogate.

Come along and celebrate another year together with great food, drinks, music and plenty of festive cheer!

More details to follow...

Please contact us if you would like to book any of the activities.
**Book early to avoid disappointment.**

Supporting Older People
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Larger print available on request
Please note all dates and prices are subject to change.
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