



KEYNOTES



The Newsletter of Supporting Older People

Spring 2017

Dine at the Deanery

We are very excited to launch our lunch club "Dine at the Deanery".

We have joined forces with Catholic Care to hold a monthly two course lunch on Wednesdays at the St Roberts Centre, 1-3 Robert Street, Harrogate starting at 12.45pm and finishing at 2.15pm.



The dates for your diary are:

7th June

5th July

2nd August

30th August

27th September

25th October

22nd November

20th December

Catholic Care 
Older People's Services

The cost is £5.00 to include a hot meal, dessert and cup of tea or coffee plus a fun activity after the meal.

We are also looking for volunteers to help either cook or serve and we would be delighted to hear from anyone who could spare an hour or two on one (or more!!) of the dates.

Looking forward to seeing you there and if you would like to attend or volunteer please give us a call on 01423 531490.

Supporting Older People Facts and Figures!

Supporting Older People aims to alleviate loneliness and isolation amongst older people who live alone.

We are currently working with 130 clients, 74 of which we have organised regular home visitors for.

We have 45 clients who are interested in our monthly Tea and Talk, with an average of 25 attending each month.

We have 12 outings planned for the year. The outings to date have all been full, and the outings coming up in the next few months are also full (we may even add extra transport to allow more clients to attend)

We currently have 80 volunteers, which includes home visitors, drivers, fundraisers and trustees. However, as the demand for our services increase, we need to ensure we recruit more volunteers. Please do tell your friends and family about us and the real difference we make to our clients lives.

Volunteers Week

Volunteers Week is an annual celebration of the fantastic contribution millions of volunteers make across the UK.

We will be celebrating this by inviting all our volunteers to Community House on the 20th May 2017 from 11 am—2 pm.

The morning will be similar to our last volunteers event where we will spend time training. We would then like to invite you all to a celebration, as a way of saying thank you for your support and continued effort you put into helping us at Supporting Older People. We will provide lunch and drinks and we may even make use of the Stray (if the weather is kind to us!)

100 Club Winners

These lucky people have won our monthly draws for £100!

January ~ Julia Lightfoot

February ~ Inge Little

March ~ Jean Broadbent

April ~ Freda Wakeling

The funds raised via our 100 Club help us to maintain our current service levels. The cost is £10 per month, payable by direct debit, cheque or cash.

Please get in touch with us for more details.

Tea and Talk

We hope everyone who attends enjoys our Tea and Talk sessions at the Crown Hotel.

Please can we ask you to let us know when possible before Monday lunchtime if you are unable to attend the following day's Tea and Talk. This will save valuable money for Supporting Older People, as we are charged by the hotel for everyone booked onto the event.

2017 Outings

Please take a look at the additional information and booking form for the exciting outings planned for this year. The majority of these trips are full already, however, we are very happy to add you to a waiting list. If we then get enough interest we would be happy to put on extra buses.

If you would like to attend/be put on the waiting list for any of the trips please fill in the booking form and send it back to Supporting Older People or give us a call on 01423 531490.

There will be a charge for each trip to cover transportation, admissions, lunch etc.

Black Swan Bowling Club

We had a great day bowling this month and would like to encourage any of our clients who have an interest in bowls to give it a go!

The club is situated at the rear of Swan on the Stray pub, you can enjoy a game of bowls or alternatively just watch the game, whilst enjoying a hot drink and biscuits.



If you would like to find anything else out about it please call the bowling club on 07896 679547 or alternatively give us a call at Supporting Older People.

Fundraising

Nidderdale Walk

On Sunday 7th May Kate, Julia and Lorna and a number of volunteers will be taking part in the Nidderdale Walk to raise valuable funds for Supporting Older People.

Please show your support and sponsor us with whatever amount you can!! You can either go onto our Givey page (<https://www.givey.com/nidderdalewalk>) or give us a call and we can add you to our sponsorship forms.

Royal Ascot

On the 22nd June we will be hosting Ladies Day for Royal Ascot. The event will take place at Luigi's restaurant in Harrogate, and for £25 you can enjoy prosecco on arrival followed by a 2 course lunch. We will be watching all the action from Royal Ascot and an exciting sweepstake will take place for each race, with of course a best hat competition so dress to impress ladies!

Tickets are on sale NOW via our office!

Please share this with all your friends and family.

100 Club

We would like to encourage any of our volunteers or clients to join our 100 Club. This is a fundraising initiative which offers you the chance to win cash prizes. For just £10 per month you will be entered into a draw, with the chance of winning £100 each month. Please get in touch if you would like to help us and we can get that set up for you.

Dates for your Diary



May	7	Nidderdale Charity Walk
	9	Tea & Talk—Asda 'Tales from the tills'
	17	Singing Group
	17	Whitby/Pickering Trip
	20	Volunteers event
June	7	Dine at the Deanery
	13	Tea & Talk—Sporting Memories
	16	Breezy Knees Trip
	21	Singing Group
	22	Royal Ascot Fundraising Night
July	7	Bridlington trip
	5	Dine at the Deanery
	11	Tea & Talk
	19	Singing Group

Contact Details:

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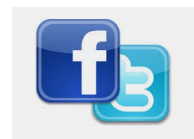
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You can also follow us on Facebook and Twitter!

Registered Charity Number: 1155682