

## Further information?

### Contact:

#### Supporting Older People

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Larger print available on request  
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## VOLUNTEERING WITH LET'S CONNECT



Let's connect  
Supporting older people



## LET'S CONNECT

Would you like to make a difference to an older person who is feeling lonely?

Do you have half an hour a week to spare for a chat over the phone about shared interests with a likeminded older person?

If you are good listener and enjoy a chat this is the volunteer role for you.

Supporting Older People will give you the necessary support for the role and we will aim to match you with someone with similar interests.

If you would like further information or to sign up please call

01423 531490

Email: [julialightfoot.sop@gmail.com](mailto:julialightfoot.sop@gmail.com)