

## Any changes?

Please let us know if your situation changes, or if you have any questions or concerns. Your volunteer will arrange days and times for the visits directly with you.

## Contact

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Larger print available on request  
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# Supporting Older People



## Home Visiting Service



Funded by  
The Brelms Trust

[www.supportingolderpeople.org.uk](http://www.supportingolderpeople.org.uk)  
Registered Charity Number 1155682

## Welcome to the Supporting Older People Home Visiting Scheme!

We

- provide company and support.
- enable you to get out and about, if you wish,
- help you with a hobby or interest.
- Sit and chat over a cup of tea.

Our visitors are volunteers who have chosen to spend some time keeping people company or helping them to remain active. Your visitor will spend 1 or 2 hours with you on a regular basis and has been selected for you because he/she has similar interests.

All our volunteers have clearance from the Disclosure & Barring Service. We also obtain references from two people who know them well.

There are some things that our volunteers are not permitted to do. These include the administration of medication, DIY tasks, household chores and personal care.

We hope you will enjoy the time you spend with your volunteer.

Here are some of the activities you may like to consider:

- Chatting over a cup of tea
- Playing a game
- Light gardening
- Looking at old photographs
- Listening to music
- Writing a letter or card
- Reading a newspaper
- Doing a crossword
- Going out for a walk, or in your wheel-chair

*.....and many more!*